

# SAN ANTONIO BEHAVIORAL HEALTHCARE HOSPITAL



*Healing Is What We Do*



San Antonio Behavioral Healthcare Hospital (SABHH) is a free standing, acute care psychiatric hospital specializing in comprehensive, individualized behavioral health programs.

Conveniently located near the South Texas Medical Center, treatment programs include acute inpatient care, partial hospitalization and intensive outpatient services to facilitate positive patient outcomes. The compassionate staff at SABHH bring decades of behavioral health experience and maintains a steadfast commitment to holistic wellness through medication management, group and individual therapy, and specialized programs uniquely tailored to the individual needs of the patient.

## **Our Signature Treatment Philosophy**

Trauma Informed Care is an organizational structure and treatment framework that involves understanding, recognizing, and responding to the effects of all types of violence and trauma and the role these issues play in the lives of people seeking treatment. Our treatment programs assist patients with their journey in understanding how these issues impact their ability to accept help and progress in their recovery.

## **Areas of Specialization**

- Mood disorders (depression, bipolar disorder)
- Post-traumatic stress disorder
- Substance abuse
- Suicidal ideation
- Schizophrenia, hallucinations, delusions

## **Levels of Treatment and Programing**

**Adults: 18 years and older, including young adult**

**Adolescents: 12 years old and older**



**Inpatient Treatment** - SABHH offers around the clock specialized inpatient care for adults and adolescents whose acute symptoms require a safe and structured therapeutic environment. The multi-disciplinary team of professionals with diverse therapeutic backgrounds includes psychiatrists, psychiatric nurses, case managers, mental health therapists and other behavioral health specialists as needed to meet the individual needs of each patient.

**Partial Hospitalization Program** - The Partial Hospitalization Program at SABHH provides a structured, therapeutic treatment model to assist the patient transition to a more independent living in the community. Patients attend organized daily behavioral health and wellness programs during the day while returning home each evening.

**Intensive Outpatient Program (Adults Only)** - Individualized counseling sessions and group therapy on an outpatient basis offer continued behavioral health and wellness support while the patient returns to work and/or school. Outpatient programs meet three days per week.

**Local: 210-541-5350**

**Toll Free: 877-514-0010**

**8550 Huebner Road, San Antonio, Texas 78240**  
**Sanantoniobehavioral.com**

# SAN ANTONIO BEHAVIORAL HEALTHCARE HOSPITAL



**No Cost Assessment 24/7**

**Phone: 210-541-5350 • Intake Fax: 210-541-5366**

## **Assessment and Admission Process**

Assessments and admissions are coordinated any time a crisis may occur. 24 hours a day. 7 days a week. Our licensed professionals will conduct a thorough assessment, at no cost, to determine the best treatment options available to meet the needs of the patient.

Patients may be referred by physicians, therapists, other professional providers, law enforcement, family, friends, or self.

## **How to Make a Referral**

San Antonio Behavioral Healthcare Hospital works closely with our referring professionals, before, during and after a patient behavioral health crisis.

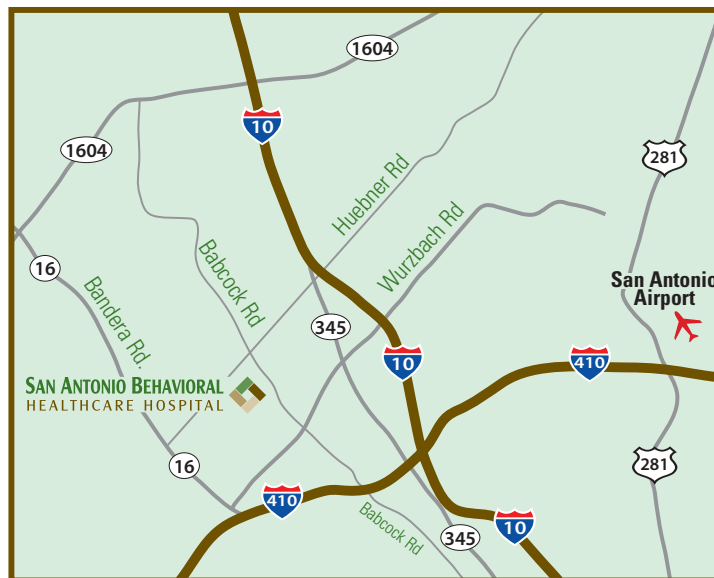
- Call **SABHH at 210-541-5350, 24/7**. The Intake Staff will gather pertinent information about the patient: demographics, presenting problem, medical issues, medication information, insurance information, etc. **Intake Fax: 210-541-5366**
- An assessment with the patient will be scheduled immediately to determine the need and level of treatment.
- If SABHH is unable to assist in treatment, alternate resources and referrals will be provided.
- The Intake Staff will follow up with the referral source about the disposition and referral plan.

## **Important Note Regarding Payment**

All insurance plans are different and may cover different aspects of treatment. The Intake Staff will verify insurance benefits, prior to admission. SABHH accepts Medicare, Medicaid and most insurance plans.

## **Mobile Assessment Team**

SABHH offers a rapid response, mobile assessment team who conduct behavioral health assessments in settings convenient to the referral source and the patient. Mobile assessment teams are available when the need arises including nights, weekends and holidays. **210-541-5350**



**8550 Huebner Rd. • San Antonio, Tx. 78240**

San Antonio Behavioral Healthcare Hospital is located in northwest San Antonio, near the South Texas Medical Center

San Antonio Behavioral Healthcare Hospital does not exclude, deny benefits to, or otherwise discriminate against any person on the basis of race, color, national origin, disability, or age in admission to, participation in, or receipt of the services and benefits under any of its programs and activities. In case of questions, please contact the hospital Patient Advocate at 210-541-5300. Admissions to our facility are always determined by a licensed physician.